

Be aware of gnat!

It is necessary not to expose your skin.



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| Appearance | Looks like small household fly |
| Active period | All the year (especially active from March to October) |
| Active hours | Morning and evening, sometimes group of gnat aggressively sucks blood |
| Way of sucking blood | Biting off skin, sometimes you do not feel being bitten Pain when being sucked blood: Skin swells more than being sucked by mosquito. It makes glister on skin, and itches from 1 to 2 weeks periodically. Sometimes it causes lymphadenitis or lymphangitis. |
| How to cope with gnat | Do not expose ankle and arms. (wear long sleeve shirts and long pants) Do not wear dark color clothes. (blook, brown and deep blue color will gather more gnat) Use insect repellent spray. |
| When you are bite by gnat | Remove toxin as soon as possible and use steroid drug. Go to hospital when bite severely. |